

THE **Bushwalker** Oct - 90

Newsletter of the Confederation of Bushwalking Clubs NSW Inc.

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NSW UNI & SUTHERLAND DO IT TOGETHER !



The winning team, with MLC Stephen Mutch.

Team members are ,from the left, Paul Rendell, Peter Wherry, Ken Wilson and James Johnson. The respectable looking one in the middle is Stephen Mutch presenting the trophy.

On the 23rd and 24th of June the second S&R navigation event for the emergency services was held at Yalwal (near Nowra).

Teams from a number of Bushwalking clubs as well as Police, Ambulance, SES, Bushfire Brigade and the VRA came along, some to learn and some to try and win.

This year much of the course was in proper bush (no tracks) so navigational skills and persistence were at a premium (as well as scratch resistant legs).

There were 21 compulsory checkpoints to collect and 3 optional radio checkpoints (only one had to be visited).

The winning team was made up of members from the NSW UNI Bushwalking and Mountaineering Club (try saying that, twice, quickly) and the Sutherland Bushwalkers. They succeeded in visiting all the 21 checkpoints and 2 of the radio points, no other team managed all of them. The next few teams were, in order, Sydney Bushwalkers,

Shoalhaven Bushwalking Club and Golburn Police Rescue Squad.

This year the weather was perfect, but cool at night.

As the winning team told us that they did not do much of the course during the night, we will have to make next years event longer and harder.

Even if you were not aiming to win, the weekend provided a good opportunity to practice your navigation in a pleasant area with the route choice entirely up to you. **Cont. p 6**

THE BUSHWALKER

GPO Box 2090 Sydney 2001

This newsletter is published by the Confederation of Bushwalking Clubs NSW Inc.

Distribution is through the affiliated clubs to their members.

Contributions and suggestions are welcomed.

Material can be sent to the above address, marked for the editor.

All material should be accompanied with the name and address of the author or it may be attributed to the editor.

Any opinions expressed are those of the individual authors and do not represent the official views of the Confederation.

Material can be sent on disc (ascii text files, 5.25" disc) or by phone to the Outdoor BBS on 046-581881 (24hrs)

Advertising rates are available on request, ring 548-1228, to discuss your needs.

The Bushwalker is published quarterly as a volunteer effort and so any assistance offered is most welcome. The aim of the bushwalker is to provide articles and information that relate to and are relevant to the member clubs of the Confederation. With your help we may achieve this.

Information about the Confederation can be obtained from our volunteer answering service. This operates from the 548-1228 number. The service operates both in and out of office hours, but no late night calls please.

Editor : Gordon Lee (SBW)

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Paddy Pallin

THE LEADERS IN ADVENTURE

OBITUARY

The Confederation was saddened to learn of the death of one of its valuable members, Someone Else.

Someone's passing creates a vacancy that will be difficult to fill.

Someone Else has been a member of the Confederation for many years. He did more than a fair share of the work. Whenever there was a job to be done or a meeting to attend, one name was on everyone's lips, "let Someone Else do it."

It was common knowledge that Someone Else was the largest contributor of his time to the Confederation.

Whenever there was a need for volunteers, everyone just assumed Someone Else would volunteer.

Someone Else was a wonderful person; sometimes appearing super human, but, a person can only do so much.

Were the truth known, everybody expected too much of Someone Else.

Now Someone Else has gone. We wonder what we are going to do.

Someone Else has left a wonderful example to follow, but, who is going to do the things Someone Else did?

Subtle aren't we, but the point needs making, that the Confederation is not a body that is remote from clubs or bushwalkers, it is not there to do things for us or look after us.

The Confederation is the sum of all its members, and can only do as much as we are willing or keen to do.

There are many ways to assist the Confederation without spending a lot of time and effort. All of the positions in the committee need assistants to help them with the work load. The newsletter needs people familiar with computers to speed up its production and improve the quality.

All of us would rather be walking but there are jobs that need to be done if the future of the sport is to be protected. We don't want government interference in our activities and one way to avoid it is to educate the people that make the rules as well as people that follow the sport.

If you think you could help, or have an idea about something that you could do, then give the Confederation information number a ring (early evening) and discuss the problem.

Dear Gordon,

You asked about "clean up Australia Day" and if other bushwalkers had taken part.

Tamworth was, at the time, in the middle of the Country Music Festival so things weren't organised as well as they might have been for the clean up.

However three groups of 'clean uppers' were formed to do Victoria Park, Oxley Lookout and the river banks. Robin and I joined the early birds in Victoria Park and found some interesting items!

The Tamworth Bushwalking & Canoe Club, like the Tamworth Branch of the NPA makes a practice of picking up litter on all our walks. Others must do the same as there is rarely any to be found on the Kamilaroi Track in the hills behind Tamworth look out.

The look out area itself is a different matter but as MacDonald's now have staff detailed to patrol the streets picking up MacDonald's generated litter, they may be persuaded to do something about it.

On the leech problem, one member of our club has had a severe reaction to leech bites over the last 2 years, but never before! (*I thought so, what about the rest of you*).

Tamworth conservationists are still fighting to save Ben Halls Gap Forest from logging. It was included in Mr Greiner's list of old growth forests which were not to be logged until an EIS is done. However the EIS was announced last year after the John Williamson concert in Tamworth's Bicentennial Park, so we are awaiting publication.

Robin Gunning (067) 662266 is secretary of the Ben Halls Gap Forest Committee should anyone like to help.

Joyce Webster

Tamworth

This letter refers to an article a few issues ago, but the points that are raised are still very important. If you have any information that confirms or adds to this please contact us.

Dear Sir,

I was very interested in the article on Minimal Impact walking and camping, on page one of the last Bushwalker.

I agree with most of the points raised although I feel that the figures given

LETTERS

for the Main Range campers and walkers is grossly exaggerated unless you include the "railway" walkers between Thredbo and Mt Kosciusko.

I presume that by the Main Range, the area between Mt Kosciusko and the Geehi/Munyang Rd is implied, as this is what most walkers and skiers call that area.

I do not regard this as the only "Alpine" area in the Kosciusko NP. Most of the country between the above road and Spencers Peak is definitely "Alpine".

In this area the biggest threat to the ecology of the park is Pigs.

Pigs do more damage in one night than 100 walkers would do in one year and the damage appears to be increasing at a great rate.

There does not appear to be any program in place to eradicate the pigs or to reduce future damage.

I have written to the Minister expressing my concern but did not even receive the courtesy of an acknowledgement.

I have a great love of the Kosciusko NP and the surrounding country and I am very disturbed at the damage being inflicted to sensitive areas by these pigs. I cannot understand the apparent lack of action by the NP&WS officers to eliminate this intrusion by feral animals.

R Hookway

Artarmon.

Weighty matters

Dear Sir,

Bushwalkers normally try to get good value for money from their gear. A piton on a large D steel carabiner is one such example. It is a useful descending device and relatively inexpensive. It does though have the drawback of limited versatility. It's OK for double 11mm ropes, but cannot be used for double 9mm, unless you are very light or have fire retardant hands. Single 11mm and 9mm is also a bit marginal. You could of course use an extra piton, but that's extra weight/expense.

Recently I made the 'plunge' (for those who know Keith try and remember the last time he bought a new piece

of gear) and moved up to a rappel rack, mini 5 bar (stainless steel tube). This is of course not as light on the pocket as a crab and piton but is much more versatile. Single or double 11mm ropes and double 9mm ropes can all be abseiled on with this device.

The rappel rack is longer than a crab and piton and so I was concerned about it's extra weight.

Well, I weighed both on a precision top loading balance at work. To the nearest gram both weighed the same!

Now the choice is yours. If you are looking to choose between these abseiling devices, weight is not a consideration. There is one drawback though, for the rappel rack. If things get really desperate you don't have a piton to spare.

Keith Maxwell

Mt. Druitt

Bird Atlassers

Dear Sir,

NSW has approximately 540 different species of birds, and for the vast majority of these birds, their environment has undergone great changes since European settlement. Any native species unable to adapt to this pressure has, in less than 150 years, had its population decreased, and its potential to adapt to further alterations severely constrained.

The NSW Bird Atlassers is a group of people of all ages, scattered throughout the state, with the aim of collecting information on native birds wherever they occur, assess their requirements, and possibly provide an answer to the virtual extinction of many of our less adaptable feathered friends. This data is being gathered on an on going basis, so that, over a period of time, an accurate registrar is built up, containing information on the habitat preferences of all native birds in this state.

To do this we need many more supporting members gathering information in each of the survey areas.

Our latest publication, the Birds of NSW A Working List, is now available to members. Our long-term aim is produce an atlas of the distribution of native birds in NSW.

Anyone can become a member, and each member's level of activity is left

Cont on Page 4

CONSERVATION

DEUA WILDERNESS UNDER THREAT

Actions by the Forestry Commission and the Crown Lands Office in recent months have threatened the integrity of the Deua wilderness. The Deua area lies inland from Moruya on the NSW South Coast.

The Forestry Commission are refusing to abandon plans for logging the upper catchments of the Deua River and Diamond and Georges Creeks despite efforts by the Minister for the Environment, Tim Moore. The Confederation has been particularly concerned about the Diamond Creek catchment as this Creek is of special value for wilderness recreation with a series of spectacular waterfalls. Whilst logging of the area has been deferred for an indefinite period, there is no guarantee that roading and logging won't proceed. The Confederation believes that the only way to ensure the area is protected is to add it to the Deua National Park.

On the north-western side of the wilderness the Crown Lands Office has allowed the conversion to freehold of a large block of leasehold land formerly reserved from sale. The National Parks and Wildlife Service had previously objected to conversion of the lease. The land covers an area of 1,688 hectares and was converted to freehold for the paltry sum of \$3,475.

A major part of the land lies within the area nominated by the Confederation as wilderness. The Confederation have objected to conversion of the land and are attempting to secure the future of the land through acquisition by the Service for inclusion in the Deua National Park. The Crown Lands Office are also considering the conversion of a much larger block to the west which includes Appletree Mountain. Walkers familiar with Wyanbene Caves should be aware that this large block lies east of the Caves and covers much of the forested country between the Caves and the Deua River.

Club members concerned at the freeholding of land in the Deua area

should write to the Premier, Mr Greiner, urging that wilderness land in the Deua area be kept in public ownership and that the National Parks and Wildlife Service be granted additional funds to enable it to acquire land in the Appletree Mountain area.

SNOW COWBOYS

Cross-country skiers have enjoyed an excellent ski season. Unfortunately some have had their wilderness experience destroyed by cowboys on skidoos. These cowboys are otherwise known as National Parks rangers.

Their favourite winter pastime appears to be joy-riding in one of Kosciuszko's wilderness areas. Tracks have been observed across the Kerries Range and in the Pilot wilderness.

One party of skiers confronted a pair of snow cowboys at Schlink Pass. On being questioned on their activities the rangers maintained that 'you wouldn't be complaining if you knew what we're doing'. Later that afternoon the skiers were having a brew at White's River Hut when the cowboys arrived and proceeded to fix a minimum impact poster to the wall of the hut! So there we have it - minimum impact with the maximum of disturbance, a new concept in National Park management!

Roger Lembit
Conservation Officer

AGM NEWS

The AGM for the Confederation was held in July and we now have a slightly altered committee. This is not due to the hotly disputed voting that went on, but more due to the fact that there were very few takers for the positions. The positions that were filled are ;

President
Gordon Lee (Sydney BW)

Snr Vice President
John Porter (Sydney BW)

Jnr Vice President
Gary Philpott (CMW)

Secretary
Bob Cavill (Sutherland BW)

Treasurer
Rose Maxwell (Mt Druitt BW)

Conservation Officer
Roger Lembit (Springwood BW)

S&R Officer
Keith Maxwell (Mt Druitt BW)

Tracks & Access
Philip Venn (Bush Club)

If you have read page two then you would know about our need for assistance for all of these jobs, would your club like to take on a responsibility and so spread the load a little.

COME CLEAN - GO CLEAN.

Whether we walk the footpaths of our city streets or the tracks of our National Parks we are confronted with the ever present pollution of rubbish.

During the recent National cleanup campaign several tracks in the Royal National Park were cleared of all rubbish. In one case 17 large garbages of assorted gunk were removed. Unfortunately a couple of weeks later those tracks were in the same state as they were before the cleanup. If anyone reading this article has a sensible suggestion as to how this social evil can be redressed then please write to the editor.

Gordon Lee

From Page 3

to the individual to determine. Regular activities include field trips to various parts of the state, camps, and meetings to discuss our progress. Annual subscription of \$7 includes a quarterly newsletter and record sheets.

for further information contact :

Jennifer Southeron
"Old Dromana"

Moree 2400

Ph 067 533 242

NATIONAL PARK CLEAN UP

On Sunday, 22 July, a collection of real friends of the Royal National Park gave up a day to help clean up part of the park. The day was organised by the Sutherland Bushwalking Club who were joined by members of the Catholic Bushwalkers, Sydney Bushwalkers, Coast and Mountain Walkers, National Parks Association and, particularly great, some sixteen members of the 1st Loftus Scout Group.

The Royal is not only Australia's first national park, but also the busiest and, unfortunately, all too often shows obvious signs of heavy use. In about six hours, the 50 volunteers managed to fill 60 large bags (left over from the January "clean up Australia" day) with rubbish which included paper, tins, bottles, shoes, bits of clothing, car tyres, bits of car bodies and parts of car engines.

With the numbers and time available, only some of the park could be tackled. This included the areas around Karloo Pool, Fosters Flat, Mirong Pool,

BITS & PIECES

Kingfisher Pool (Heathcote Park) and one small group of enthusiasts even went on to do a partial clean up around Garie.

Sutherland Bushwalkers would like to express their gratitude to all within the club and from other clubs or scout groups who came along. We all enjoy and benefit from parks like the Royal and giving a bit back by way of a little bit of service, which actually was good fun, will help ensure that future generations will also be able to enjoy the Royal, or any other park helped in a similar way. There's no substitute for the policy of "carry out the rubbish you carry in", but in the absence of perfect people, we appreciate the "perfect" helpers.

It is planned to have more similar days in the near future and every effort will

be made to advertise them as widely as possible.

A. W. Fleischmann

Sutherland Bushwalking Club

ENGADINE RAILWAY STATION

The saga of the Engadine railway station continues. You may remember in past issues we mentioned that the access to the Royal National Park from Engadine railway station was in doubt. It seemed at the time that the railways would put in a gate for bushwalker access. This gate is a long time coming and now there are, no trespassing signs appearing in the area.

If the fence is a response to the vandalism of a few then it is likely to be a total failure as the only people it will keep out are the ones that do the right thing anyhow.

We will continue to try and find out what is going on.

MONEY

For those who don't know, S&R is affiliated with the NSW Volunteer Rescue Association. This group had its annual conference on the 15th 16th of September. At the conference the government expressed its support for volunteer services (we're cheaper) and gave a sum of money to the VRA. This now means that S&R will be presented with a check for \$2000 and the chance to raise more money on a dollar for dollar basis. If all goes well the money will be presented at the S&R training weekend on the 20th 21st of October.

FIRST AID

The May first aid course has been and gone; and there are now a new batch of certificates waiting to be picked up (or Mailed out). 21 bushwalkers gained or renewed their certificates. They were,

N Bagot,	P Barlow,
B Barnett,	A Dixon,
S Eccleshall,	L Gett,
G Holbeach,	S Hunter,
L Imhof,	H Lippman,
C McNamara,	J McRea,
S Mills,	H Mitchell,
J Parr,	R Parr,
T Parr,	J Stavropoulos,

SEARCH & RESCUE SECTION

T Thompson, P Venn,
J Williams.

For information on collecting the certificates ring

Keith Maxwell on 622 0049 (h)

Don't forget, if you missed the May weekend and still wish to do the St Johns course, we have another course booked for the 27th 28th of October. Ring Keith for details of that as well.

ROCK RESCUE

With the increase in the amount of rock related activities over the last few years, the S&R committee has become involved in a training and accreditation scheme for light weight vertical rescue.

This has been a way for a small number of interested members to increase our skills and knowledge in this field. The course is an attempt to give a standard level of training to VRA people who have a need for it.

On a personal level it will make anyone more aware of the possible problems with their normal methods of training (or lack of it) and provide ideas on how to get out of situations without the embarrassing need for outside help.

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TRIPS TO DO

"BUSHWALKING" IN MOROCCO

The world is a small place when we can now consider taking off to Morocco or almost any other area we care to choose; with no need for experience and only a willingness to try (plus a healthy bank balance).

The following is an edited version of an article written by Karen Davies about a guided trip she took to the Atlas Mountains in Morocco.

Having been in such a mad rush to get everything ready, it wasn't until I was at the airport that waves of apprehension swept over me. Had I done the right thing? What if I didn't get on with the 16 other people in the group? And, most important, was I fit enough for the trek? Still, whatever happened, I made up my mind that I was going to enjoy myself.

We arrived in Morocco at Marrakesh, spent a couple of days and then headed for the mountains. We left the city in two minibuses and trundled across the dry plain between rows of eucalyptus and prickly pear cactus. As we began snaking into the foothills of the Atlas Mountains, the tarmac gave way to stone and rubble, and we passed fields of corn, orange groves and fig trees. Mules and donkeys were more common than motor vehicles - and it was the men who rode sidesaddle. At the end of the road, we stopped at the village of Imlil, nestling in a wooded valley 5,700 feet above sea level. There were no telephones or television here. And no petrol!

Despite my initial concerns over fitness, I managed perfectly well. I had wondered if climbing Mount Toubkal, the highest peak in North Africa, was a bit too ambitious, but was assured that any reasonably fit person could take it in her stride. I was pleased that some of the members of the group were slower than me, so I could have a rest now and then and pretend I was waiting for them to catch up.

Most of our gear was carried by mules. We had only day packs containing water bottle, camera, small first aid kit and packed lunch. Norman spent about half an hour with some of the locals, establishing a fee for the mules to take the bulk of our things. Mules cost 40 dirhams a day (nearly \$10), and everyone got very heated over the

haggling, although it was all smiles by the end. The fact that the price was fixed one day didn't stop the muleteers launching into another good bartering session the following morning. haggling over prices is a way of life there, and can be tiring if you're not used to it.

The lack of creature comforts on the trek didn't bother me. Even the primitive "squat" loos, the tummy bugs and the flies were all part of the fun (*loos; you had loos; luxury!*). Cold baths in the river were invigorating, and sleeping on a hard floor was OK once you got used to it. It was worth the little discomfort, because the experience as a whole was so rewarding.

I'd never thought about how foreigners live before this trip, but I came to appreciate that other people have very different lifestyles. I felt particular respect for the Berbers and their ability to cope with their harsh lives. As we walked through the mountain villages I felt we were intruding on their world, for western visitors are already having an effect on the children, who often begged for sweets or money.

The countryside itself was barren and rocky, with spiky, wiry plants that could withstand the dryness. The only trees we saw were small, twisted junipers which gave off a sweet tangy aroma. Open ditches provided the irrigation with water siphoned off from the river and fed into a system of terraced fields where corn was the main crop and walnut trees supplied extra protein. Most days we walked along well defined mule tracks or rocky paths and although it was no Sunday afternoon stroll, I wasn't complaining. For most of the time I wore shorts and a T-shirt, plus a good pair of walking boots. A hat and suntan cream were essential in the glaring sun, though in the evenings at high altitudes I was glad of a thick pullover.

The climax of the trek came when we climbed to the summit of the 4150m Mount Toubkal. So that we could reach the top by sunrise we got up at 4am and picked our way up the rocky slope by torchlight. It was a hard slog, but worth it. Looking out across the barren ridges poking through billowing clouds I felt on top of the world. It was cold, fresh and beautiful - and I felt I'd earned it. The exhilaration is something I shall never forget.

From Page 1.

The full result list for 1990 is as follows.

Official Two Day Teams.

Team	Score
Uni of Nsw & Sutherland	66
Sydney Bushwalkers	58
Shoalhaven Bushwalkers	56
Goulburn Police Rescue	50
Sutherland Bushwalkers	44
Combined Nowra Ambulance & Police	42
NSW Cave Rescue	32
Queanbeyan SES A	30
Tallaganda SES A	26
Mulwaree Shire RAFFT	26
Tallaganda SES. B	22
Queanbeyan SES. B	18

Unofficial Two Day Teams

Team	Score
NSW Nordic Ski Club	48
Binalong Rescue Squad	26
Sutherland Bushwalkers	24

Unofficial One Day Teams

Mt Druitt A	10
Mt Druitt B	10

It was good to see Sutherland with so many people involved, their unofficial two day team collected all their points in the first day and then went home, we hope to see what they can do as a full official team next year.

The police have also done well this year and may be a force (no joke) to be reckoned with next time around.

We have already started thinking about the area for next years course, so will you keep the end of June 91 open for an enjoyable weekend of navigation and pain, (I mean fun).

SO YOU THOUGHT BUSHWALKERS WERE CRAZY ??



*On the night of November 3rd 1990, I'm going to battle the tide, wind and waves go without sleep, get blisters put my paddle in the water about 40,000 times, in the 111 km Hawkesbury Canoe Classic between Windsor and Brooklyn.
WHY??? Because I'm raising money for Multiple Sclerosis Research*

The only thing that is crazier than a marathon canoeist is a marathon canoeist that is also a bushwalker.

DO REAL BUSHWALKERS CARRY CAMERAS ?

This is it, Bigger than Wild better than Australian Geographic,: Ok we maybe did get a little carried away, but now is the chance to get out those bushwalking photos. This is the inaugural Bushwalker photo competition.

The theme this year is going to be "Bushwalkers on the Move" (no cars or motor driven devices please). There will only be one prize (enormous of course) that will be judged by our extremely talented and unbiased staff.

We are attempting to arrange a display of the best photos in a central location in Sydney and will announce the winner and the prize in the January issue of the Bushwalker.

Please write your name and address on the back of the photo so we can return them to you after. If you include your phone number we can ring you when you win.

As this is a competition for the ordinary photographer, normal sized prints will be fine.

Send your entry to :

Photo Competition

PO Box 473

Engadine 2233

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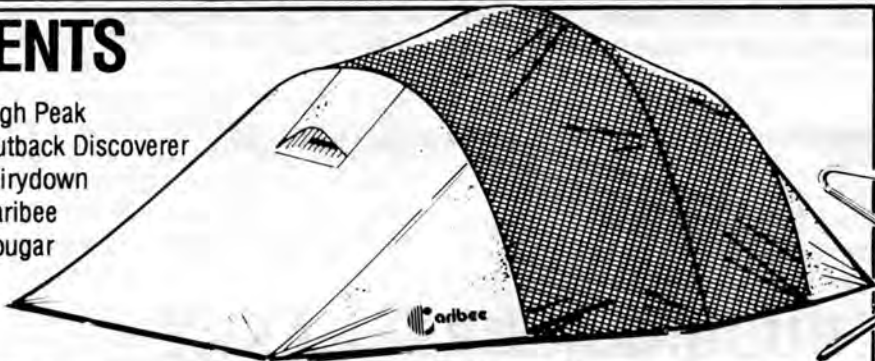
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